

## **CLENPIQ Instructions for your Colonoscopy (do not refrigerate)**

Date of Procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

- Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223
- Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

### **Items For Bowel Prep:**

- 1) CLENPIQ PREP- TWO WEEKS PRIOR to procedure, please call SUSIE 352-364-9060
- 2) 4 DULCOLAX OR 2 SCOOPS/2 PACKETS OF MIRALAX (*Available over-the-counter*)

Hold \_\_\_\_\_ starting on \_\_\_\_\_

### **TWO NIGHTS BEFORE PROCEDURE:**

- 4 DULCOLAX OR 2 SCOOPS/2 PACKETS OF MIRALAX AT 8PM after dinner

### **ONE DAY PRIOR TO YOUR PROCEDURE:**

- DO NOT EAT SOLID FOOD; Clear liquid diet ONLY ALL DAY
- HYDRATION IS PART OF YOUR PREP! DRINK LOTS OF FLUIDS.
- It's OK to have juice, broth, tea, coffee, Jello, Gatorade/Powerade, and popsicles.
  - NOTHING RED OR PURPLE, NO DAIRY PRODUCTS and NO ALCOHOL.
- Drink 8oz of clear liquids every 90 minutes.
- **AT 5:00 pm** drink your first bottle of Clenpiq (do not sip, drink it all down)
  - Between 5-9 pm, drink FIVE 8oz glasses of clear fluids.
- **AT 10:00 pm** drink your second bottle of Clenpiq (again do not sip, drink it all down)
  - Between 9-11 pm. Drink THREE 8oz glasses of clear liquids.
- Do not drink anything after MIDNIGHT!

### **DAY OF YOUR PROCEDURE:**

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (1/2) dose of your usual insulin
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are NOT responsible for lost items.
- Arrange for a driver to take you home!

\*Anesthesia is billed separately (billed through your insurance first)

\*Pathology charges are generated after procedure (billed through your insurance first)

***IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME (Tamona 352-563-2450 EXT: 304)***