

Golytely Instructions for your Colonoscopy

Date of Procedure: _____ Arrival Time: _____

- Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223
- Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Items For Bowel Prep:

- 1) GOLYTELY- TWO WEEKS PRIOR to procedure, please call **SUSIE 352-364-9060** if you have not heard from your pharmacy regarding your prep
- 2) 3 DULCOLAX (Bisacodyl 10mg) tablets (*Available over-the-counter*)
- 3) 4 EXTRA STRENGTH GAS-X tablets (*Available over-the-counter*)

HOLD the following medication(s): _____ starting _____

HOLD GLP-1 Agonists: Semaglutide (Ozempic/Wegovy/Rybelsus), Dulaglutide (Trulicity), Liraglutide (Victoza/Saxenda), Tirzepatide (Mounjaro/Zepbound)

- If oral **daily**: Hold medication for **2 days prior** to the procedure date.
- If injectable **weekly**: Hold medication for **1 week prior** to the procedure date.

TWO NIGHTS BEFORE PROCEDURE:

- **At 8:00pm** take (2) tablets of Gas-X and (3) tablets of Dulcolax
- Start an all clear liquid diet; **DO NOT EAT SOLID FOOD**
- It's OK to have juice, broth, tea, coffee, Jello, Gatorade/Powerade, and popsicles.
 - **NOTHING RED OR PURPLE, NO DAIRY PRODUCTS and NO ALCOHOL.**

ONE DAY PRIOR TO YOUR PROCEDURE:

- ****Stay on CLEAR LIQUID DIET; Mix Golytely prep and stick in the refrigerator.****
- **HYDRATION IS PART OF YOUR PREP! DRINK LOTS OF FLUIDS.**
- **At 3:00pm** begin drinking 8oz of Golytely every 15 to 30 minutes until the container is empty.
- **AT 8:00pm** take (2) tablets of Gas-X.
- **Do NOT eat or drink anything after MIDNIGHT!**

DAY OF YOUR PROCEDURE:

- Take your heart, blood pressure, and seizure medication **ONLY** with a small sip of water.
- Take half (1/2) dose of your usual insulin
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are **NOT** responsible for lost items.
- Arrange for a driver to take you home!

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be more than 72 hrs prior to procedure), PLEASE CALL ME - Karissa 352-563-2450 EXT: 125