

Upper Endoscopy Instructions

Date of procedure: _____ Arrival Time: _____

- Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223

- Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Hold the following medication(s): _____ starting _____

Hold GLP-1 Agonists: Semaglutide (Ozempic/Wegovy/Rybelsus), Dulaglutide (Trulicity), Liraglutide (Victoza/Saxenda), Tirzepatide (Mounjaro/Zepbound)

- If oral **daily**: Hold medication for **2 days prior** to the procedure date.
- If injectable **weekly**: Hold medication for **1 week prior** to the procedure date.

One day prior to your procedure:

- Do not smoke or drink alcohol or use marijuana the day prior to your procedure.
- Do NOT eat or drink anything after **MIDNIGHT!!!**

On the day of your procedure:

- Do not smoke or drink alcohol
- Take your heart, blood pressure, and/or seizure medication(s) in the morning with a sip of water
- Take half (½) dose of your usual insulin.
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are NOT responsible for lost items.
- Must bring your glasses and hearing aids with you.
- **Arrange for a driver to take you home!**

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME- Lisa (352) 563-2450 EXT:112