

CLENPIQ Instructions for your Colonoscopy (Do NOT refrigerate)

Date of Procedure: _____ Arrival Time: _____

- ☐ Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223
- ☐ Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Items For Bowel Prep:

- 1) CLENPIQ PREP- **TWO WEEKS PRIOR** to procedure, please call SUSIE 352-364-9060
- 2) 4 DULCOLAX **OR** 2 SCOOPS/2 PACKETS OF MIRALAX (*Available over-the-counter*)

Hold the following medication(s): _____ starting _____

Hold GLP-1 Agonists: Semaglutide (Ozempic/Wegovy/Rybelsus), Dulaglutide (Trulicity), Liraglutide (Victoza/Saxenda), Tirzepatide (Mounjaro/Zepbound)

- If oral **daily**: Hold medication for **2 days prior** to the procedure date.
- If injectable **weekly**: Hold medication for **1 week prior** to the procedure date.

TWO NIGHTS BEFORE PROCEDURE:

- **AT 8:00pm (or after dinner)**, take 4 DULCOLAX **OR** 2 SCOOPS/2 PACKETS OF MIRALAX

ONE DAY PRIOR TO YOUR PROCEDURE:

- DO NOT EAT SOLID FOOD; Clear liquid diet ONLY ALL DAY
- HYDRATION IS PART OF YOUR PREP! DRINK LOTS OF FLUIDS.
- It's OK to have juice, broth, tea, coffee, Jello, Gatorade/Powerade, and popsicles.
 - NOTHING RED OR PURPLE, NO DAIRY PRODUCTS and NO ALCOHOL.
- Drink 8oz of clear liquids every 90 minutes.
- **AT 6:00pm** drink your **first** bottle of Clenpiq (do not sip, drink it all down)
 - Between 6-9pm, drink **FIVE** 8oz glasses of clear fluids.
- Stay on clear liquids for the rest of the day.

DAY OF YOUR PROCEDURE:

- **AT 6:00am** drink your **second** bottle of Clenpiq (again do not sip, drink it all down)
 - Between 6-8am. Drink **FOUR** 8oz glasses of clear liquids.
- Do not drink anything after _____ AM.
- Do not smoke cigarettes/marijuana.
- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (1/2) dose of your usual insulin
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are NOT responsible for lost items.
- Arrange for a driver to take you home!

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be more than 72 hrs prior to procedure), PLEASE CALL ME: Emily 352-563-2450 EXT: 126