

CLENPIQ Instructions for your Colonoscopy (Do NOT refrigerate)

Date of procedure:_____ Arrival Time:_____ Procedure Time:_____

Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223

Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Items for Bowel Prep:

CLENPIQ PREP- TWO WEEKS PRIOR to procedure, please call **SUSIE 352-364-9060**

Hold the following medication(s): _____ starting _____

Hold GLP-1 Agonists: Semaglutide (Ozempic/Wegovy/Rybelsus), Dulaglutide (Trulicity), Liraglutide (Victoza/Saxenda), Tirzepatide (Mounjaro/Zepbound)

- If oral **daily**: Hold medication for **2 days prior** to the procedure date.

- If injectable **weekly**: Hold medication for **1 week prior** to the procedure date.

One day prior to procedure:

- DO NOT EAT SOLID FOOD; all clear liquid diet only
- It's OK to have juice, broth, tea, coffee, Jell-o, Gatorade/Powerade, and popsicles.
- NO RED OR PURPLE. NO MILK OR DAIRY PRODUCTS. NO ALCOHOL
- Hydration is part of your prep!! Drink lots of clear fluids.
- Drink 8oz of clear liquids every 90 minutes.
- **At 4:00pm** drink your first bottle of Clenpiq (do not sip, drink it all down)
- Between 4-9pm, drink FIVE 8oz glasses of clear fluids.
- **At 9:00pm** drink your second bottle of Clenpiq (do not sip, drink it all down)
- Between 9-11pm, drink THREE 8oz glasses of clear liquids.
- Do not eat or drink anything after MIDNIGHT!!

The day of you procedure:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (½) dose of your usual insulin.
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are not responsible for lost items.
- Must bring your glasses and hearing aids with you.
- **Arrange for a driver to take you home.**

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME - Lisa (352) 563-2450 EXT:112