

CLENPIQ Instructions for your Colonoscopy (Do NOT refrigerate)

Date of Procedure: _____

Arrival Time: _____

- ☐ Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223
- ☐ Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Items For Bowel Prep:

- 1) **CLENPIQ PREP- TWO WEEKS BEFORE** your procedure, please call SUSIE 352-364-9060
- 2) Either 1 bottle **Magnesium Citrate** OR 2 **DULCOLAX** (Bisacodyl 10mg) tablets (*Available over-the-counter*)
- 3) Four (4) **EXTRA STRENGTH GAS-X** tablets (*Available over-the-counter*)
- 4) One 64 oz bottle of **Gatorade** or **Powerade**. No red or purple colors!

HOLD the following medication(s): _____ starting _____

HOLD GLP-1 Agonists: Semaglutide (Ozempic/Wegovy/Rybelsus), Dulaglutide (Trulicity), Liraglutide (Victoza/Saxenda), Tirzepatide (Mounjaro/Zepbound)

- If oral **daily**: Hold medication for **2 days prior** to the procedure date.
- If injectable **weekly**: Hold medication for **1 week prior** to the procedure date.

TWO DAYS BEFORE YOUR PROCEDURE:

- **AT 7:00 pm** drink the bottle of Magnesium Citrate or take TWO (2) Dulcolax tablets
- **AT 8:00 pm** take TWO Gas-X tablets with a glass of water

ONE DAY BEFORE YOUR PROCEDURE:

- Take half (½) dose of your usual insulin
- DO NOT EAT SOLID FOOD; **Clear liquid diet ONLY ALL DAY**
- HYDRATION IS PART OF YOUR PREP! DRINK LOTS OF FLUIDS.
- When you wake up, **drink 8 oz of clear liquids every 90 minutes for the rest of the day.**
- It's OK to have juice, broth, tea, coffee, Jello, Gatorade/Powerade, and popsicles.
 - NOTHING RED OR PURPLE, NO DAIRY PRODUCTS and NO ALCOHOL.
- **AT 3:00 pm** drink your first bottle of Clenpiq (do not sip, drink it all down)
 - Between 4-7 pm, drink FIVE 8 oz glasses of clear fluids (Gatorade/juice/water).
- **AT 8:00 pm** take TWO GAS-X tablets and drink the second bottle of Clenpiq. (Do not sip it).
 - Between 8-10 pm. Drink THREE 8oz glasses of clear liquids.
- **Do not drink anything after MIDNIGHT!**

DAY OF YOUR PROCEDURE:

- Take your heart, blood pressure, and seizure medication ONLY with a small sip of water.
- Take half (½) dose of your usual insulin. Unless instructed HOLD all other medications.
- Leave all personal items at home. Wear warm socks. We are NOT responsible for lost items.
- Bring your I.D. and method of payment.
- Arrange for a driver to take you home! You will be at the center for about 2 hours.

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

**IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure),
PLEASE CALL ME- Tanya 352-563-2450 EXT: 104**