

Upper Endoscopy (EGD) Instructions

Date of Procedure: _____ Arrival Time: _____

☐ Citrus Endoscopy Center: 6412 W. Gulf to Lake Hwy, Crystal River (352) 563-0223

☐ Suncoast Endoscopy Center: 3621 E. Forest Drive, Inverness (352) 637-2787

Hold the following medication(s): _____ starting _____

Hold GLP-1 Agonists: Semaglutide (Ozempic/Wegovy/Rybelsus), Dulaglutide (Trulicity), Liraglutide (Victoza/Saxenda), Tirzepatide (Mounjaro/Zepbound)

- If oral **daily**: Hold medication for **2 days prior** to the procedure date.

- If injectable **weekly**: Hold medication for **1 week prior** to the procedure date.

One day prior to your procedure:

- Do NOT drink alcohol, or use marijuana the day before your procedure.
- Do NOT eat or drink anything after **MIDNIGHT.**

Day of your procedure:

- Do NOT smoke, drink alcohol or use marijuana the day of your procedure.
- Take your heart, blood pressure, and/or seizure medication(s) in the morning with a sip of water.
- Take half (½) dose of your usual Insulin.
- Hold all other medications until after the procedure.
- Bring your I.D. and method of payment.
- Leave all personal items at home. Wear warm socks. We are NOT responsible for lost items.
- **Arrange for a driver to take you home! You will be at the center for 1.5-2 hours**

*Anesthesia is billed separately (billed through your insurance first)

*Pathology charges are generated after procedure (billed through your insurance first)

IF YOU HAVE QUESTIONS or need to CANCEL/RESCHEDULE (must be >72 hrs prior to procedure), PLEASE CALL ME- Tanya: 352-563-2450 EXT: 104